

Rocky Mountain Equi-Rhythm Instruction Program

Rocky Mountain Equi-Rhythm offers instruction in all disciplines by qualified instructors who are under contract to teach at Joder Arabian Ranch. In addition, RMER has approved several professional trainers to hold clinics at the ranch.



Mica Graves [Dressage, Therapeutic Riding] approaches the horse and rider as whole beings. She specializes in working with people who want to learn more about their mind, body, and spirit through building a relationship with their horse and expanding their horsemanship skills. Mica rides dressage and enjoys teaching English riding to beginning and intermediate students (ages 4+) on their own horses or school horses. A NARHA Advanced Instructor, she is able to

break down the fundamentals of riding in a way that is appropriate for each individual's age and level of ability. Mica also practices psychotherapy at the Joder Ranch. Please contact her for information about riding, equine-facilitated learning, or psychotherapy. She can be reached at 303-478-0768 or mica@micagraves.com.



Holly Harris [Western Horsemanship] teaches beginning to intermediate riders, emphasizing trail-riding skills and a balanced seat. Beginners learn all aspects of horse care, from catching their mount and grooming to tacking and un-tacking. On the trail, students learn to use natural horsemanship principles, while guiding their horse around obstacles and over mountainous terrain. Holly enjoys teaching people of all ages and introducing them to the joy of working with horses. She will also help you evaluate a horse you are thinking of purchasing. You can reach Holly at 303-579-3107 or holly@sugarloaf.net



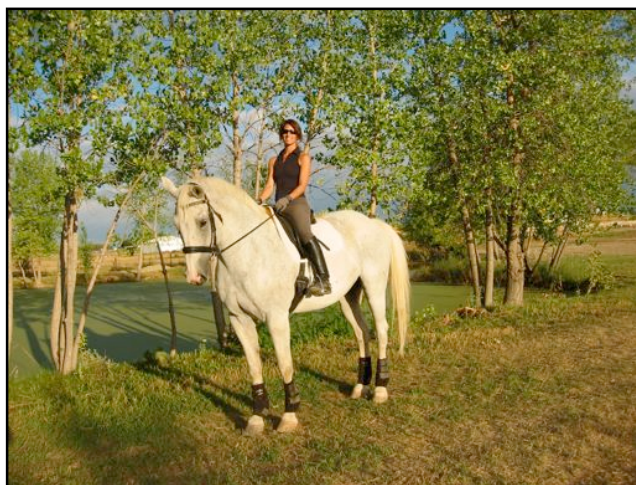
Christy Jemail [Natural Horsemanship] has studied and trained with well-known instructors such as Buck Brannaman and Bryan Neubert for over 15 years. She has combined that knowledge with her innate ability to “feel” and understand a horse's natural instincts and motivations to create a unique teaching technique that helps people increase confidence, encourage willingness, and create a bond based on mutual trust and respect with their horse. Her training methods include groundwork practices (especially “join up” and problem-solving) as well as under-saddle work with an emphasis on Centered Riding. Christy works with horses (and people!) of every age, breed, and discipline. She can be contacted at 303-579-0347 or cjemail1@juno.com.

Ellene Kloepfer [Dressage] is a USDF certified instructor who has been teaching dressage for 27 years, training and competing a number of horses through Grand Prix. She was a working student for Jan Ebeling for 3 ½ years, showing from Los Angeles to Devon, PA, and earned her Bronze and Silver USDF medals. Her training and teach-



ing philosophy is based on a sound knowledge of the horse’s anatomy and the importance of riders understanding how their aids affect the horse’s movement. She treats the horse as a professional athlete, training patiently and efficiently, and recognizes when a horse is achieving to its capability and, if not, what might be the cause. Ellene will work with horses and riders of any level, with the goal of giving them the tools they need to make progress not only in lessons but also on their own. Contact her at 303-523-0191 or alpvet@aol.com.

Julie Leiken [All Disciplines] is the founder of EquiBalance™, a unique blend of multiple disciplines including Pilates and equitation, coordinated to elevate your self awareness both mentally and physically to improve your riding and your health. EquiBalance™ philosophy is simple: A well-conditioned animal and a well-

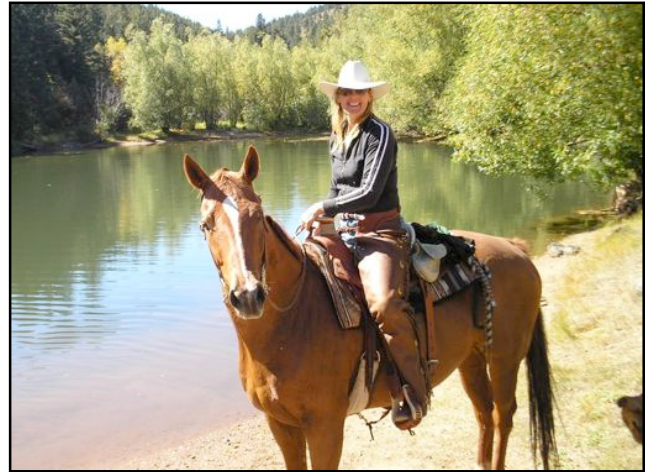


conditioned rider will provide the physical foundation to build an excellent relationship between you and your horse. We spend so much time conditioning our horses’ bodies, but what about our own bodies? If we are crooked in our body, how can we ask our horse to learn to be straight? With EquiBalance™ the answers become clear, enabling riders to make better connections with their own bodies, and thus improved connections with their horses. Julie trained in Germany for ten years riding dressage but she works with riders in all disciplines. See www.julieleiken.com or call 720-422-1592.



Nina Lewis [Dressage and English Riding] teaches beginners through more advanced riders (2nd level), ages 8+. Nina has competed for many years and has earned championship awards at both the state and regional level. She was also a member of Boulder County 4-H for 11 years. She helps riders learn better communication with their horse while advancing their skills. Beginner riders will learn all the basics from grooming and tacking the horse to riding in and out of the arena. More advanced riders will have a chance to fine-tune their skills through obstacles and training exercises. Nina strives to make lessons fun and exciting as well as productive. Contact her at 720-232-7703 or nlewis18@hotmail.com.

Caroline Roy (Trail Riding, Therapeutic Riding) recently created Foothills Riding Adventures, LLC, to help horse lovers connect with horses and nature on the trails at Joder Arabian Ranch. Each trail ride begins with a short riding lesson in an arena, followed by a trail ride in the beautiful foothills northwest of Boulder, home to deer, eagles, fox and coyote. Caroline and her daughter Nina also offer two Weekend of Women and Horses opportunities each summer. Caroline is also the Founding and Executive Director of Rocky Mountain Equi-Rhythm: Horses Balancing Hearts, a non-profit equine therapy program located at Joder Ranch since 2000. She has an MSW and LCSW and practices psychotherapy at



Joder Ranch. Caroline has been a 4-H leader for more than 15 years and has been a member of Boulder County Sheriff's Department Search and Rescue Team. Contact her at 303-919-3946 or equi.rhythm@comcast.net.



Hallie Sabo [Dressage and Hunter/Jumper] is a graduate of CSU with a degree in equine science. She has earned USDF and RMDS championships as well as competing in jumpers. Hallie views riding skills as learning how to respect and communicate clearly with your partner (horse) and forming an effective and balanced position.

With these basics a horse and rider can develop trust and a strong working relationship. In horse training, Hallie believes that every horse can benefit from dressage training and will become more balanced, attentive, supple and interested in his or her work. She teaches riders ages 8+, from beginning to second-level dressage and low-level jumping, and horses of any age, breed, or skill. She is also available for sales and coaching at shows. Contact her at 970-443-9410 or hallie-sabo@hotmail.com.

Auxiliary Clinicians

Amy and Steve LeSatz are natural horse trainers and instructors in the tradition of Ray Hunt, specializing in problem solving and working cattle (970-454-3061, www.bridle-bit.com).

Kim and Joe Andrews offer instruction and training in natural horsemanship, using the principles outlined in Sally Swift's *Centered Riding* (970-613-0121, www.mountainmagicranch.com).

Marty Marten and Jody Marken are natural horse trainers who offer a series of challenging trail obstacle clinics (720-494-9898, see photos at trailobstacleclinics2009.shutterfly.com).