



July 10, 2018

Dear Rocky Mountain Equi-Rhythm Supporters:

After nineteen years at the helm of Rocky Mountain Equi-Rhythm: Horses Balancing Hearts, it is time for me to step down as the director of Equi-Rhythm. It has been an amazing journey and as I reflect on the past years, I am eternally grateful for the people and horses that have helped hold the vision of Rocky Mountain Equi-Rhythm: Horses Balancing Hearts.

In 1999, I sought to create a program that made horses and nature the center of a therapeutic program. Bob and Ellie Joder answered the call and provided a setting at Joder Arabian Ranch that historically had provided this to the horse community of Boulder. In turn, they introduced me to Adele, Thomas and Deborah McCormick (Horse Sense and the Human Heart) who added the psychological and spiritual piece to my journey to create a unique equine therapy program.

Rocky Mountain Equi-Rhythm Founding Directors: There are several people who helped create the foundation of the therapeutic work that Rocky Mountain Equi-Rhythm has performed over the past nineteen years. I am grateful to Janet Quinn PhD who was a founding director and brought “right relationship” for all beings into the design of Equi-Rhythm. Jodi Burnett for her help in creating the foundation of the program. I am also grateful to T.J. Cole for his invaluable advice and assistance in the creating the documents for the IRS that held the mission and structure of Equi-Rhythm. Thank you to my husband, Joe Roy, who has been a board member of Equi-Rhythm these many years and while not a “horse person”, his support and guidance both emotionally and financially has contributed significantly to Rocky Mountain Equi-Rhythm’s success. I am so grateful to my friend, fellow clinician and barn manager, Karen Eiffert-Lubell, who has supported Equi-Rhythm in so many countless ways and has given of herself at Joders and at La Reinda. What a journey it has been!! My hope is that we get to spend significantly more hours in the saddle in the future.

Joder Arabian Ranch: To the community that comprised Joder Arabian Ranch for their willingness to share space and provided tack and personal horses to adolescent from the juvenile justice system and social services systems, Naropa Students, undergraduate and masters interns, and volunteers in addition to financial support. Within that community there were members who supported Rocky Mountain Equi-Rhythm daily: Bob and Eloise Joder, Dan, Greg and Brian Joder, Julie and Jerry Rudy, Billie and John Brumder, Ginny and Tom Carr and the James Dooley Foundation, Dr. Stacy Bluhm, Janet Quinn, Jenny Key, Wren and Roger Schauer, Robin and Steve Maras, Al and Sarah Bowman, Connie Hopkins, Kelly Kanizay, Larry Langer, Sandi Rosewell, Wiley and Linda Gillmor, Grace Maddox, Liz Gould and countless others who provided support along the way.

La Reinda: A special thank you to Jan Yates and Hunter Smith who opened up their hearts and ranch, La Reinda, to Equi-Rhythm after Joder Ranch was sold as open space for Boulder County in 2013. To those brave collective members at Joder Ranch and then coop members at La Reinda Ranch who participated in daily feeding of horses, goats, sheep, chickens and cats and countless hours of mucking pens and stalls through rain, sleet, snow and wind in addition to their financial support of the non-profit horses - Thank You!!!!: Jerry and Julie Rudy, Jan Yates and Hunter Smith, Karen Eiffert-Lubell and Brian Lubell, Wren and Roger Schauer, Avi, Kristy and Reilly Dhaliwal, Alexa, Peter and Paula Schild, Melinda and David Leach, Robin and Steve Maras, Billie Myers, Bishop Hennigh and all the University of Denver MSW interns and summer camp counselors. Lest we not forget that the underpinnings of a successful program is the zillions of edits to existing documents to make the day in and day out constant change of managing a horse herd successful. Without Julie Rudy's ongoing support of editing and managing Equi-Rhythm's documents, let's just say, it would not have run quite so smoothly.

A special thank you to Joe and Paul Schaap for their financial support and wonderful hay supply for the horses at La Reinda. Another special thank you to Michelle, Jay, Carson and Preston Sander – Ferracane. Rocky Mountain Equi-Rhythm helped create and sponsor Spirits of the West 4-H Club (a BLM Weanling Mustang Program in collaboration with the Great Escape Mustang Sanctuary (GEMS) over the past two years which found homes for mustang weanlings and provided a wonderful partnership with Rocky Mountain Equi-Rhythm for programming at the mustang sanctuary in Deertrail, Colorado.(greatescapesanctuary.org)

Lest we not forget our amazing equine partners in this journey: Little Joe, Bokimer, Yahtzee, Buzzy, Miss Star Eyes, the many Joder horses, Whinnie, Tara, Tommy Joe, Doc, Baby Hughy, Sassy, Lily, Alfred, Peanut Butter, Tucker, Beau, Pago, Princeton, Gracie, Sonny B, Lucky, Le, Sequoia, Chairman, Miles just to name a few.

Moving Forward: Jenny Burnsed MS-LPC (gigijack@aol.com) and Merry McMahan LPC, (darkhorsestudio@yahoo.com) two equine therapy clinicians, will take over the helm of Rocky Mountain Equi-Rhythm and move the non-profit into the future with programming at Carlisle Equestrian Center, a boarding operation in Lafayette, beginning on September 1, 2018. (Carlisleequestriancenter.com) They have several of their own horses and will not be taking any of Equi-Rhythm horses. They will take saddles and other tack to begin programming at Carlisle. Several other non-profits have requested additional assets of Equi-Rhythm which must be sold or disbursed to another non-profit. The website will be updated to reflect the changes to Equi-Rhythm. (Equirhythm.org)

Merry took EGALA training the same time as I did in the early 2000's and practices as an art therapist in Boulder County. Jenny works as a clinician with children and adolescents and has been volunteering at La Reinda with a post-adoption group sponsored by Boulder County Human Services this past spring. I will provide guidance to the nuances of running a non-profit as needed until the end of the 2018 fiscal year. Jenny and Merry will create their own unique Rocky Mountain Equi-Rhythm vision and begin equine therapy programming out of an existing boarding operation this fall. (which is where Equi-Rhythm started at Joder Arabian Ranch in 1999. (Full circle)

Status of Equi-Rhythm owned horses: There are currently four horses that are owned by Rocky Mountain Equi-Rhythm.

Eeoyore: Ginny Carr has graciously agreed to continue to subsidize Eeoyore, (age 34) the rest of his days at Dr. Stacy Blum facility in Longmont. Julie Rudy has graciously agreed to continue to provide attention, love and care and equine senior, prevacox and other supplements to Eeoyore at Stacy and Thom's equine retirement home.

Jasara and Dream: I am looking for a forever home for Jasara (22), the last of the Joder Arabian Ranch herd and Dream (14) as I will not be able to personally afford two horses in addition to my mare, Storm. Dream is a great riding horse but is still rough around the edges as she has been ridden as a 4-H horse and as a camp and therapy horse but not consistently with one rider. Both of these horses have had past episodes with laminitis (primarily triggered by springtime green grass). Jasara has been stable for some time and his weight is quite good this year. Dream has both laminitis and cushing's disease and is on Pracend and Prevacox. I am looking to place these horses in August or September. Please contact me if you can provide forever homes to either one of these amazing horses.

Rosie: Karen is adopting Rosie as an equine therapy horse for her private practice. Rosie does have cancer but seems to be doing fine with it so far.

Both Karen and I will continue to provide office and equine therapy for our clients at another location in the Boulder County area. Caroline and Karen are both members of Boulder Psychological Services and our therapist profiles are located on that website (www.boulderpsychologicalservices.com)

Thank you for your support of Rocky Mountain Equi-Rhythm: Horses Balancing Hearts for the past nineteen years. It has been a wonderful journey and I have so appreciated each of you throughout the passing years. You have helped make a difference in the lives of the hundreds of children who have participated in Equi-Rhythm in addition to the many masters interns and Naropa Students who have trained under Rocky Mountain Equi-Rhythm. I would ask that you continue to support Jenny and Merry and Rocky Mountain's Equi-Rhythm important work in the community of Boulder. Thank You!!!

Sincerely,

A handwritten signature in cursive script that reads "Caroline M. Roy". The signature is written in black ink on a white background and is enclosed within a thin black rectangular border.

Caroline M. Roy L.C.S.W.

Founding and Executive Director

Rocky Mountain Equi-Rhythm: Horses Balancing Hearts

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